

- Yogurt
- Non-Dairy
- Lower Sugar Yogurt w/ Stevia
- Gelato

NUTRITIONAL INFORMATION

Serving size is based on 1 oz.



	Calories	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbs (g)	Sugar (g)	Protein (g)	Calcium (%DV)	Gluten Free
Natural + Artificial Arctic Mallow Kiss Flavor	40	0.5	0	5	35	7	6	1	4	<input checked="" type="checkbox"/>
Natural Arctic Peppermint Patty Flavor	35	0	0	0	30	7	6	1	4	<input checked="" type="checkbox"/>
Natural Banana Flavor	35	0	0	0	30	8	7	1	4	<input checked="" type="checkbox"/>
Natural Blueberry Flavor	35	0	0	0	15	8	7	1	4	<input checked="" type="checkbox"/>
Natural Blueberry Lemonade Flavor	35	0	0	0	15	7	6	1	4	<input checked="" type="checkbox"/>
Artificial Blue Razzy Flavor	35	0	0	0	30	8	6	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Brownie Batter Flavor	40	0	0	0	35	9	7	1	4	<input type="checkbox"/>
Natural Butter Pecan Flavor	35	0	0	0	40	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Cappuccino Flavor	30	0	0	0	30	8	6	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Cheesecake Flavor	40	1	0.5	10	40	7	6	1	4	<input checked="" type="checkbox"/>
Natural Chocolate Flavor	35	0	0	0	30	7	6	1	4	<input checked="" type="checkbox"/>
Natural Chocolate Coconut Truffle Flavor	35	0	0	0	30	8	6	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Chocolate Hazelnut Flavor	35	0	0	0	30	7	6	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Chocolate Raspberry Flavor	35	0	0	0	30	7	3	2	4	<input checked="" type="checkbox"/>
Natural + Artificial Chocolate Turtle Flavor	35	0	0	0	35	7	6	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Churro Flavor	40	0	0	0	35	8	6	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Cinnamon Roll Flavor	40	0	0	0	30	9	8	1	4	<input checked="" type="checkbox"/>
Natural Coconut Flavor	35	0	0	0	35	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Cotton Candy Flavor	35	0	0	0	30	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Cream Cheese Carrot Cake Flavor	35	0	0	0	35	7	6	1	4	<input checked="" type="checkbox"/>
Natural Dark Chocolate Flavor	35	0	0	0	30	8	6	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Double Stuff't Cookies n' Cream Flavor	60	1	0	0	50	11	8	1	4	<input type="checkbox"/>
Natural + Artificial Dulce de Leche Flavor	35	0	0	0	30	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial English Toffee Flavor	35	0	0	0	30	7	6	1	4	<input checked="" type="checkbox"/>
Natural Euro Tart Flavor	35	0	0	0	15	8	6	1	4	<input checked="" type="checkbox"/>
Natural Fudge Pop Flavor	35	0	0	0	30	8	7	1	4	<input type="checkbox"/>
Natural + Artificial Gingerbread Flavor	35	0	0	0	30	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Gingerbread Cinnamon Cake Flavor	35	0	0	0	30	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Hazelnut Flavor	35	0	0	0	30	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Hazelnut Latte Flavor	35	0	0	0	30	8	7	1	4	<input checked="" type="checkbox"/>
Natural Key Lime Pie Flavor	35	0	0	<5	35	8	6	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Kiwi Flavor	35	0	0	0	20	8	7	1	4	<input checked="" type="checkbox"/>
Natural Lime Flavor	35	0	0	0	15	8	7	1	4	<input checked="" type="checkbox"/>
Natural Mango Flavor	35	0	0	0	15	8	7	1	4	<input checked="" type="checkbox"/>
Natural Mint Chocolate Flavor	35	0	0	0	30	7	6	1	4	<input checked="" type="checkbox"/>
Natural Mint Cookie Flavor	40	0	0	0	35	8	6	1	4	<input type="checkbox"/>
Natural + Artificial Mud Pie Flavor	40	0	0	0	40	8	7	1	4	<input type="checkbox"/>
Natural Nutty Choco Nana Flavor	45	1	0	0	30	7	6	2	4	<input checked="" type="checkbox"/>
Natural + Artificial Orange Cream Soda Flavor	35	0	0	0	30	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Peach Flavor	35	0	0	0	15	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Peaches 'n Cream Flavor	35	0	0	0	30	8	7	1	4	<input checked="" type="checkbox"/>
Natural Peanut Butter Flavor	45	1.5	0	0	30	7	6	2	4	<input checked="" type="checkbox"/>
Natural Peanut Butter Cup Flavor	50	1.5	0	0	30	7	6	2	4	<input checked="" type="checkbox"/>
Natural + Artificial Pistachio Flavor	35	0	0	0	30	8	7	1	4	<input checked="" type="checkbox"/>
Natural Pomegranate Flavor	35	0	0	0	15	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Pumpkin Spice Latte Flavor	35	0	0	0	30	7	6	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Raspberry Flavor	35	0	0	0	15	8	6	1	4	<input checked="" type="checkbox"/>
Natural Red Velvet Cake Flavor	35	0	0	0	35	8	7	1	4	<input type="checkbox"/>
Natural Root Beer Float Flavor	35	0	0	0	30	8	7	1	4	<input type="checkbox"/>
Natural + Artificial Salted Caramel Flavor	35	0	0	0	35	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Spiced Pumpkin Pie Flavor	35	0	0	0	30	7	6	1	2	<input type="checkbox"/>
Natural + Artificial Strawberry Flavor	35	0	0	0	15	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Strawberry Banana Flavor	35	0	0	0	15	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Strawberry Kiwi Flavor	35	0	0	0	15	9	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Strawberry Shortcake Flavor	40	0	0	0	35	9	8	1	4	<input type="checkbox"/>
Natural + Artificial Taro Flavor	40	0	0	0	30	8	6	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Toasted Coconut Delight Flavor	35	0	0	0	35	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Toasted Marshmallow Flavor	35	0	0	0	30	8	6	1	4	<input type="checkbox"/>
Artificial Vanilla Flavor	35	0	0	0	30	7	6	1	4	<input checked="" type="checkbox"/>
Natural Vanilla Bean Flavor	35	0	0	0	30	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial Watermelon Flavor	35	0	0	0	15	8	7	1	4	<input checked="" type="checkbox"/>
Natural + Artificial White Cake Batter Flavor	35	0	0	0	35	8	7	1	4	<input type="checkbox"/>

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Natural DOLE SOFT SERVE® Lemon Flavor	30	0	0	0	0	7	6	0	0	☑
Natural DOLE SOFT SERVE® Mango Flavor	25	0	0	0	0	6	6	0	0	☑
Natural DOLE SOFT SERVE® Orange Flavor	30	0	0	0	0	7	6	0	0	☑
Natural DOLE SOFT SERVE® Pineapple Flavor	30	0	0	0	0	7	7	0	0	☑
Natural DOLE SOFT SERVE® Raspberry Flavor	30	0	0	0	0	7	7	0	0	☑
Natural Lemon Lime Sour Candy Flavor	25	0	0	0	5	5	5	0	0	☑
Natural Limeade Flavor	30	0	0	0	0	7	7	0	0	☑
Natural Mangonada Flavor	25	0	0	0	0	6	5	0	0	☑
Natural + Artificial Pineapple Kiwi Flavor	30	0	0	0	0	7	7	0	0	☑
Natural + Artificial Pineapple Pomegranate Flavor	30	0	0	0	0	7	7	0	0	☑
Natural Raspberry Lemonade Flavor	30	0	0	0	0	7	7	0	0	☑
Natural Raspberry Pomegranate Flavor	30	0	0	0	0	8	7	0	0	☑
Natural + Artificial Raspberry Watermelon Flavor	30	0	0	0	0	8	7	0	0	☑
Natural + Artificial Raspberry Watermelon Sour Candy Flavor	25	0	0	0	5	6	5	0	0	☑
Natural + Artificial Strawberry Lemonade Flavor	30	0	0	0	0	7	7	0	0	☑
Natural + Artificial Tropical Sour Candy Flavor	30	0	0	0	5	6	7	0	1	☑
Natural Arctic Peppermint Patty Flavor	30	0	0	0	40	7	3	2	6	☑
Natural Blueberries 'n Cream Flavor	30	0	0	0	35	7	3	2	6	☑
Natural + Artificial Cookies 'n Cream Flavor	30	0	0	0	40	7	3	2	4	☐
Natural + Artificial Cotton Candy Flavor	30	0	0	0	35	7	3	2	4	☑
Natural + Artificial English Toffee Flavor	30	0	0	0	40	7	3	2	4	☑
Natural + Artificial Orange Cream Soda Flavor	30	0	0	0	35	7	3	2	6	☑
Natural + Artificial Peaches 'n Cream Flavor	30	0	0	0	35	7	3	2	4	☑
Natural + Artificial Salted Caramel Flavor	30	0	0	0	40	7	3	2	4	☑
Natural + Artificial Toasted Marshmallow Flavor	30	0	0	0	35	7	3	2	4	☐
Natural Vanilla Bean Flavor	30	0	0	0	40	7	3	2	4	☑
Natural Vanilla Flavor	30	0	0	0	40	7	3	2	6	☑
Natural + Artificial White Cake Batter Flavor	30	0	0	0	40	8	3	2	6	☐
Natural + Artificial Arctic Mallow Kiss Flavor	45	1	1	10	45	7	6	1	4	☑
Natural Arctic Peppermint Patty Flavor	40	0.5	0.5	<5	40	7	6	1	4	☑
Natural Banana Flavor	40	0.5	0.5	<5	40	7	6	1	4	☑
Natural Butter Pecan Flavor	40	0.5	0.5	<5	40	7	6	1	4	☑
Natural + Artificial Cappuccino Flavor	40	1	0.5	<5	40	8	6	1	4	☑
Natural + Artificial Chocolate Hazelnut Flavor	40	0.5	0.5	<5	40	8	6	1	4	☑
Natural Chocolate Milk Flavor	40	1	0.5	<5	40	8	6	1	4	☑
Natural + Artificial Churro Flavor	45	0.5	0.5	<5	45	8	6	1	4	☑
Natural + Artificial Cinnamon Roll Flavor	45	0.5	0.5	<5	45	8	7	1	4	☑
Natural Coconut Flavor	40	1	0.5	<5	40	8	6	1	4	☑
Natural + Artificial Cream Cheese Carrot Cake Flavor	40	1	1	<5	45	7	6	1	4	☑
Natural + Artificial Double Stuff'd Cookies n' Cream Flavor	40	1	0.5	<5	45	8	6	1	4	☐
Natural + Artificial Dulce de Leche Flavor	40	0.5	0.5	<5	40	7	6	1	4	☑
Natural + Artificial English Toffee Flavor	40	0.5	0.5	<5	40	7	6	1	4	☑
Natural + Artificial Gingerbread Cinnamon Cake Flavor	40	0.5	0.5	<5	40	8	6	1	4	☑
Natural + Artificial Hazelnut Flavor	40	0.5	0.5	<5	40	8	6	1	4	☑
Natural + Artificial Hazelnut Latte Flavor	40	0.5	0.5	<5	40	7	6	1	4	☑
Natural + Artificial Orange Cream Soda Flavor	40	0.5	0.5	<5	45	7	6	1	4	☑
Natural + Artificial Peaches 'n Cream Flavor	40	0.5	0.5	<5	40	8	6	1	4	☑
Natural Peanut Butter Flavor	50	2	0.5	0	45	7	5	2	4	☑
Natural + Artificial Pistachio Flavor	40	0.5	0.5	<5	40	7	6	1	4	☑
Natural + Artificial Pumpkin Spice Latte Flavor	40	1	0.5	<5	35	7	5	1	4	☑
Natural Root Beer Float Flavor	40	0.5	0.5	<5	45	8	6	1	4	☐
Natural + Artificial Salted Caramel Flavor	40	0.5	0.5	<5	45	8	6	1	4	☑
Natural + Artificial Spiced Pumpkin Pie Flavor	40	0.5	0.5	0	35	9	5	1	4	☑
Natural + Artificial Taro Flavor	45	1	1	<5	40	8	6	1	4	☑
Natural + Artificial Toasted Marshmallow Flavor	40	0.5	0.5	<5	40	8	6	1	4	☐
Natural + Artificial Vanilla Flavor	40	0.5	0.5	<5	40	7	6	1	4	☑
Natural Vanilla Bean Flavor	40	0.5	0.5	<5	40	8	6	1	4	☑
Natural + Artificial White Cake Batter Flavor	45	1	0.5	<5	45	8	6	1	4	☑

All flavors contain no trans fat; refer to the Allergen Statement for ingredient information.

Peachwave's nutritionals are comprised of data from our ingredient suppliers and presented to meet the US FDA Nutrition Labeling and Education Act (NLEA). Variations may exist due to periodic changes, formulations, and/or mixing procedures. New products, product changes, and limited time products may not be included. Statements contained herein should not be considered as warranty of any kind, expressed or implied. Percent Daily Values (DV) are based on a 2,000 calorie diet.